



Gesundheitsförderung in Schulen (German Edition)

Verena Heitzinger, E. Etmayer, A. Gaspar

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Studienarbeit aus dem Jahr 2007 im Fachbereich Soziologie - Sonstiges, Note: 1,0, Johannes Kepler
Universität Linz, 15 Quellen im Literaturverzeichnis, Sprache: Deutsch, Abstract: Unter dem Begriff der
„schulischen Gesundheitsförderung“ werden verschiedene Maßnahmen der Verbesserung der Lebens- und
Umweltbedingungen für Kinder und Jugendliche subsumiert. Sie will alle Mitglieder einer
Schulgemeinschaft dazu befähigen, Gesundheit zu unterstützen und zu fördern. Diese pädagogischen und
präventiven Bemühungen sollen nicht nur die Gesundheitsqualität der Schule verbessern, sondern auch die
Bildungsqualität nachhaltig positiv beeinflussen. Um über Gesundheitsförderung sprechen zu können, bedarf
es zunächst einer Definition von Gesundheit. Laut WHO ist Gesundheit „ein Zustand des völligen
körperlichen, psychischen und sozialen Wohlbefindens und nicht nur das Freisein von Krankheit oder
Gebrechen.“

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