



# Frontiers Of Health: How to Heal the Whole Person

*Christine Page*

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Frontiers of Health is an essential guide to healing, combining medical expertise with unique insights into the human condition. Dr Christine Page illuminates our understanding of disease and its purpose for inner spiritual growth. In this excellent introduction to our subtle anatomy, Dr Page explores the chakras and their individual relationship to disease, pathology and soul unfoldment. Drawing upon her experience as a respected doctor, and observations of the many patients who have been her greatest teachers, Dr Page asks us to look fully at wholeness on all levels: body, mind and spirit.

- 'A must for professional carers and aspiring healers' Light, The College of Psychic Studies
- 'Fascinating and packed full of thought-provoking advice' Healthy Eating
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