



# **The Blissful Toddler Expert: The complete guide to calm parenting and happy toddlers**

*Lisa Clegg*

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**The Blissful Toddler Expert: The complete guide to calm parenting and happy toddlers** Lisa Clegg

Trusted maternity nurse Lisa Clegg is on-hand to gently guide you through your child's toddler years. In this book, you'll learn everything you need to know to support your toddler's development, including:

- Potty training – when and how to start
- Behaviour – avoiding and coping with tantrums
- Feeding – introducing new foods and avoiding fussy eating
- Learning – encouraging language and movement
- Next steps – preparing your toddler for nursery and pre-school

With practical advice, answers to common questions and confidence-boosting tips, *The Blissful Toddler Expert* is the essential handbook for all parents with toddlers.

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