



Bipolar. Memorias de un estado de ánimo (Spanish Edition)

Terri Cheney

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Una memoir que profundiza de manera sincera y abierta en el trastorno bipolar. Terri Cheney, una antigua abogada de espectáculos de Los Ángeles, disipa expectativas deliberadamente con un paseo seguro a través del turbulento relato sobre el trastorno bipolar. Con una imaginería muy evocadora ##recuerdos desordenados en el tiempo en los que se reflejan sus desorientados y extremos estados de ánimo## Cheney deja su vida al servicio de la piedad de la química cerebral, que la arranca de la desesperación más desalmada para llevarla a la exuberancia más estridente, de persecuciones impetuosas al letargo paralizador. Apresada en las aguas revueltas del impulso febril, fluctúa de la seducción al intento de suicidio cuando flirtea imprudentemente con los hombres, el peligro y la muerte, sólo para encontrarse ante más desafíos en los dos lados del drástico efecto que le produce el tratamiento. En Bipolar, Terri Cheney cuenta con honestidad y delicadeza la dura historia de su vida, donde pasa de cenar en restaurantes de lujo y conducir su Porsche deportivo a encerrarse en su casa durante semanas, incapaz de salir de la cama, sin vislumbrar ningún futuro. Bipolar es el impresionante relato de una mujer con trastorno maniaco-depresivo con la que van a sentirse identificadas miles de personas que sufren esta enfermedad o que han padecido amigos o familiares.

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