

Real Steps to Enlightenment: Dynamic Tools to Create Change

Amy Elizabeth Garcia

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Connecting with the divine is crucial for spiritual advancement, but choosing a spiritual path is anything but easy.

Amy Elizabeth Garcia simplifies the journey to enlightenment into thirty-three spiritual goals, such as finding your life purpose, developing trust in the universe, relinquishing the need to control, recognizing synchronicity, and fostering peace. Focusing on a specific spiritual lesson, each chapter begins with a divine message from the author's spiritual master that includes stories from his human incarnations. Garcia goes a step further in bringing these concepts to life by sharing her own life experiences. Every chapter includes a prayer inspired by angels and exercises for spiritual growth-the perfect complement to this beginner's guide to enlightenment.



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