

Skateboarding: Book of Tricks (Start-Up Sports)

Doug Werner, Steve Badillo



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Serious skaters looking for unusual and innovative tricks will find them in this skateboarding instructional guide. The tricks run the gamut from classic old school to modern with an emphasis on diversification, creativity, and originality. Included are riding basics and tips for controlling fear, visualizing, and focusing. Sequential shots detail every move needed to successfully re-create the various skateboarding tricks. The mechanics of the sport are also covered, including types of boards available, and the various wheels, bearings, and skateboarding surfaces.

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