



# The Faith Dare: 30 Days to Live Your Life to the Fullest

*Debbie Alsdorf*

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What would happen if you lived out your faith every day, in every situation?

Jesus came to give us abundant life. So why are so many of us living with worn-out faith, struggling just to get by? What if there was something more? What if we could be set free from worry, fear, and the constant cycle of searching for significance?

*The Faith Dare* is a 30-day challenge for women who want to develop a new habit of focusing on God's ways and daily awareness of his presence. It is for women who are tired of ho-hum living and want to break the pattern of self-reliance and people pleasing by putting their trust in God alone and living to please him. This personalized study guide, including daily readings, affirmations, and challenges, help you live in the power of God's Word.

Whether you do this with a group of girlfriends or by yourself, the next 30 days can change your life. If you're ready to discover what it looks like to live out real faith every day, open this book and take the challenge.

I dare you.

"Faith--we all want more, but we're not sure how to get it. Whether alone or with others, dare to grab hold of this book to take you farther on your faith journey."--Elisa Morgan, publisher, FullFill™, [www.fullfill.org](http://www.fullfill.org); president emerita, MOPS International, [www.mops.org](http://www.mops.org)

"I've had the pleasure of working with Debbie Alsdorf not only as a speaker but also as someone I call a close friend. I dare you to go through this 30-day challenge. I know you will be encouraged and strengthened in your faith."--Renee Johnson, Devotional Diva™; speaker

"Debbie Alsdorf's heart is to see women's lives transformed by the power of Jesus and *The Faith Dare* is another tool to accomplish just that--life transformation through Christ. You will gain much from the incredible challenge Debbie has laid out for us."--Kelly Minter, author, speaker, singer

Debbie Alsdorf is the author of *Deeper* and *A Different Kind of Wild*. She is founder of Design4Living Ministries and Design4Living conferences. A popular conference speaker and a member of the American Association of Christian Counselors, Debbie is on the ministry staff at Cornerstone Fellowship as the director of women's ministries. She lives in California.

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#### **Sandra Wright:**

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