



# The Truest Things I Know: 5 Simple Lessons for Choosing Love over Fear!

*Laurel A Ross*

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"The Truest Things I Know" takes the reader through five gateways of potential learning - fear, scarcity, dishonesty, death and blame - to show them how to transform all that darkness into positive "truth" about their own essential nature. "Truest Things" includes tools to deconstruct the pain and hardship in our lives, to actually convert those hardships into joy - this book will bring strength to any situation by encouraging the reader to return to their own loving awareness as a place of insight, abundance and joy. My name is Laurel Ross. I grew up in San Diego on a surfboard: dreaming of love, singing at the top of my voice and wanting to make a difference. I wanted to be a teacher. By 25, I was busy teaching high school English, winning awards and being successful; I loved my work, my students and my life, but still, I wanted more! As the years passed, I earned a PhD, built a career at Microsoft and made more money, but my yearning persisted. Then, I was reminded of the power of love. My mother became sick and died suddenly. In the final days of her life, I realized that love is the reason we are here. This realization confirmed everything I had always suspected was true about life. I met my soul mate, Dan, created my own company, Our Imagined Life, and began working to bring more love into the world. I asked myself a question: how do I awaken, inspire and encourage authentic, loving presence in the world? This is my life's question. This is my life's work.

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