



Change Before You Have To

Rob Ketterling

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What will it take for you to change? We've all heard it said, "The road to Hell is paved with good intentions" and we all know good intentions won't cause us to change. For most of us, however, it takes a crisis, a tragedy, a pain so great that change is actually forced upon us. By then, it's way too late. But what if... what if you could find the strength to change before the pain, before the crisis, before the tragedy? What if you could change before you have to? In this book, *Change Before You Have To*, I'll give you the keys I've found that can help you change your relationships, your weight, your job, your finances, and your emotional and spiritual state before the crisis; before you have to. No more excuses, no more good intentions, it's time to change and live life to the fullest!

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Edward Lott:

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Dawn Bliss:

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