



## Therapist In A Box (Mini Kits)

*Lou Harry*

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## **Therapist In A Box (Mini Kits)** Lou Harry

This tongue-in-cheek Mini Kit™ appeals to self-help readers who don't take themselves too seriously. It includes a miniature sofa that doubles as a stress-reducing squeeze toy, a sand timer, and cards with affirmations. The fascinating 32-page book offers a witty glimpse into the world of psychotherapy.

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