



# Introduction to Dramatherapy: Person and Threshold

*Salvo Pitruzzella*

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## **Introduction to Dramatherapy: Person and Threshold** Salvo Pitruzzella

*Introduction to Dramatherapy* provides a theoretical framework for the practice of dramatherapy, and examines the relationship between the 'self' and the 'other'; the understanding of which, the author argues, is key to harnessing the full potential of dramatherapy as a healing medium.

In Part 1, the individual is introduced in terms of the dramatic metaphor, concentrating on the central issue of identity and the mediation between the internal and external worlds. In Part 2 the elements that make up dramatic reality, specifically play, narrative and role, are examined, and in the final part we witness the value of dramatherapy in practice in practice in a range of clinical settings.

This is not simply a 'how to do dramatherapy' book - it provides an essential foundation in the theory of the subject that will be of great interest to those studying or practicing dramatherapy.

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