



# The Complete Idiot's Guide to Being a New Dad (Idiot's Guides)

*Joe Kelly*

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Ask any guy who is expecting his first child and he's likely to tell you the same thing - he's absolutely thrilled to be a dad for the first time, and he's also absolutely terrified. Most new dads don't know the first thing about dealing with a new baby, and while mommy might be interested in more complex topics that range from breastfeeding to colic, most new dads just want to know how not to screw it all up. *The Complete Idiot's Guide® to Being a New Dad* is written to be both highly usable and practical, with a bit of encouraging wit in between. First time dads will learn the daddy essentials for caring for a newborn, from what the expect when baby first arrives, to changing those first diapers without a disaster, to the basics of feeding and burping, to getting baby to sleep (so mom and dad can sleep, too), and how to help mommy as she heals and deals with the enormous changes that she's experiencing both mentally and physically. *The Complete Idiot's Guide® to Being a New Dad* is the perfect guide for any new dad who needs to be armed with a little essential knowledge and a whole lot of encouragement.

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