



Canine Massage: A Complete Reference Manual

Jean-Pierre Hourdebaigt

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Canine Massage: A Complete Reference Manual Jean-Pierre Hourdebaigt **Learn to massage your dog from a professional**

Use massage to help your dog relax, to condition the canine athlete, to assist in recovery from injuries or to ease chronic pain. Learn the techniques of a recognized expert in the field so that you can bring the well-known benefits of massage to your dog or become a canine massage professional. *Canine Massage, A Complete Reference Manual*, 2nd edition has dozens of photos and illustrations that will guide you every step of the way. It is the most complete book on the subject. New in this edition--detailed examinations of muscular stress points, diagnoses and treatments. Information you can't find anywhere else!

You will learn

- The basics of canine anatomy and kinesiology.
- Massage movements, pressures, techniques and systems.
- Massage routines designed to address specific health problems.
- Stretching and hydrotherapy techniques.
- Use of massage to relax and bond with your dog.
- Tips on how to run a canine massage business.

What dog professionals say about *Canine Massage*

With sensitive insight and simple language the author describes common muscular problems underlying gait irregularities. Jean-Pierre explains how hands skilled in massage can contribute to a dog's comfort and healing.

Rachel Page Elliott, author, *Dogsteps. A New Look*. A landmark book and video on canine gait and structure.

Jean-Pierre Hourdebaigt has masterfully applied well-known, effective human massage techniques to dogs. *Canine Massage* is a well-organized, highly readable book that places those techniques at your fingertips.

Christine Zink, D.V.M., PhD., author of *Peak Performance, Coaching the Canine Athlete, Jumping A-Z: Teach Your Dog To Soar and Dog Health & Nutrition for Dummies*.

Author **Jean-Pierre Hourdebaigt**, L.M.T. was born in the south of France and came to Canada in the early 1980s where he pursued a successful career as a Licensed Massage Therapist treating many well-known athletes and dignitaries from around the world. More recently he has used his empathy and compassion for

animals to develop massage techniques especially designed for dogs and horses. Also by Jean-Pierre, *Equine Massage: A Practical Guide*.

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Bruce Alexander:

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Kirsten Ferguson:

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Nicole Williams:

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