



Don't Let Life Bring You Down

Joe Lynam

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Don't Let Life Bring You Down

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Greedy bankers, lazy politicians, late buses, expensive London, poor Londoners.. Doug is angry and frustrated at the world and seemingly powerless to change it.

After a brush with death and a rejuvenating journey of self-discovery, Doug realises how precious and fragile life is. And how easily it can disappear.

Before it's too late he must discover who he wants to be and what he wants to achieve – and how he can best be of benefit to the world.

But does he really have any control over his or anyone's life?

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