



Re-Scripting Your Life: Power Principles for True Happiness

Suzette Andrean Clements

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The book poses 12 powerful principles that you can incorporate to rescript your life, moving from sadness and despair to confidence and courage. Readers will embrace their remodeled lives with authenticity and fervor leading to unbridled happiness. The author, Dr. Suzette Clements, learned and effectively used the techniques included in the book to find something she had lost - her zeal for life. While at the pinnacle of her career, neither her family nor academic and professional accomplishments could sufficiently provide Suzette with the cure for what was ailing her. Thus, she began an intense journey to happiness. The philosophical and practical treasures she has found will now become yours, ensuring that you, too, now learn the true art of happiness.

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