



# Breaking Up with Perfect: Kiss Perfection Good- Bye and Embrace the Joy God Has in Store for You

*Amy Carroll*

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## **Breaking Up with Perfect: Kiss Perfection Good-Bye and Embrace the Joy God Has in Store for You**

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An inspiring and thought-provoking guide to help you abandon the pursuit of perfection and become comfortable and more confident in your own skin.

We've all been in relationships that were bad for us...whether with a catty girlfriend, a selfish boyfriend, or a coworker who undermines our best efforts.

But there is one relationship that steals the potential of all other relationships—including our relationship with ourselves and, ultimately, our relationship with God. And that's our relationship with *Perfect*.

Perfect is a bad friend. No matter what we do or say or give or bake or create...it's never enough. Perfect always demands more, but it's never satisfied. *Never*.

Whether you are a “good girl,” who always tries to be what you think everyone else wants you to be, or a “never good enough” girl, who's desperately hiding your past and shame behind attempts to measure up—this book will help you find the beautiful, loving, fulfilled woman God created you to be. Imperfections and all.

*Breaking Up with Perfect* will help you:

- Experience authenticity as the antidote for isolation
- Trade the *Lies of Perfection* for the *Truths of God's Love*
- End the pursuit of perfection, so God can begin His powerful perfecting work in you

After reading this book, you'll be able to end the never-ending stress that chasing Perfect brings and live a life filled with joy, peace, and spiritual fulfillment.

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Spent a free the perfect time to be fun activity to do! A lot of people spent their spare time with their family, or their particular friends. Usually they doing activity like watching television, likely to beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your free time/ holiday? Might be reading a book might be option to fill your free time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to attempt look for book, may be the guide untitled Breaking Up with Perfect: Kiss Perfection Good-Bye and Embrace the Joy God Has in Store for You can be very good book to read. May be it might be best activity to you.

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People live in this new moment of lifestyle always attempt to and must have the time or they will get wide range of stress from both lifestyle and work. So , whenever we ask do people have spare time, we will say absolutely yes. People is human not really a huge robot. Then we question again, what kind of activity do you possess when the spare time coming to an individual of course your answer can unlimited right. Then ever try this one, reading books. It can be your alternative with spending your spare time, the book you have read is definitely Breaking Up with Perfect: Kiss Perfection Good-Bye and Embrace the Joy God Has in Store for You.

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