



# **Group Psychotherapy with Addicted Populations: An Integration of Twelve-Step and Psychodynamic Theory, Third Edition**

*Phillip J Flores*

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# Group Psychotherapy with Addicted Populations: An Integration of Twelve-Step and Psychodynamic Theory, Third Edition

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## **Group Psychotherapy with Addicted Populations: An Integration of Twelve-Step and Psychodynamic Theory, Third Edition** Phillip J Flores

Be more effective in group therapy with addicted clients Group Psychotherapy with Addicted Populations: An Integration of Twelve-Step and Psychodynamic Theory, Third Edition is the newly revised edition of the classic text, that provides you with proven strategies for defeating alcohol and drug addiction through group psychotherapy. Philip J. Flores, a highly regarded expert in the treatment of alcoholism and in group psychotherapy brings together practical applications of 12-step programs and psychodynamic groups. This updated book explores the latest in constructive benefits of group therapy to chemically dependent individuals, providing opportunities to share and identify with others who are going through similar problems, to understand their own attitudes about addiction by confronting similar attitudes in others, and to learn to communicate their needs and feelings more directly. Topics in Group Psychotherapy with Addicted Populations: An Integration of Twelve-Step and Psychodynamic Theory, Third Edition include:

- alcoholism, addiction, and psychodynamic theories of addiction
- alcoholics anonymous and group psychotherapy
- use of confrontational techniques in the group
- inpatient group psychotherapy
- characteristics of the leader
- transference in the group
- resistance in groups
- preparing the chemically dependent person for group
- the curative process in group therapy
- integrating a modern analytic approach
- a discussion of object relations theory
- group psychotherapy, AA, and twelve-step programs
- diagnosis and addiction treatment
- treatment issues at early, middle, and late stages of treatment
- a discussion of guidelines and priorities for group leaders
- countertransference
- special considerations of resistance to addiction
- termination of treatment

Professionals working in group therapy and addictions will find Group Psychotherapy with Addicted Populations: An Integration of Twelve-Step and Psychodynamic Theory, Third Edition an invaluable resource emphasizing the positive and constructive opportunities group psychotherapy brings to the chemically dependent individual.

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