



Work

Lars Fredrik Svendsen

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"One of the symptoms of an approaching nervous breakdown is the belief that one's work is terribly important." - *Bertrand Russell*

Work is one of the most universal features of human life; virtually everybody spends some part of their life at work. It is often associated with tedium and boredom, in conflict with the things we would otherwise love to do. The idea of work primarily as a burden was also shared by the philosophers in ancient Greece, who generally regarded work as a curse. And yet research shows that it prolongs life and is generally good for people's physical and mental health. Why is this? What is the meaning of work? To what extent does it determine our social identity? Should we expect to find work fulfilling?

In this book, Lars Svendsen explores these questions and more. He argues that we need to complete this reorientation of our feelings about work and collapse the differences between leisure and work. Work is always with us. But to overcome the sense of being burnt out, we must think of work as not only productive but recreative – in other words, a lot more like leisure.

Revised and updated in light of the global financial crisis, this second edition also includes a new chapter on work and globalization.

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In this particular era which is the greater man or who has ability in doing something more are more important than other. Do you want to become considered one of it? It is just simple method to have that. What you are related is just spending your time almost no but quite enough to experience a look at some books. One of several books in the top record in your reading list will be Work. This book which can be qualified as The Hungry Inclines can get you closer in turning out to be precious person. By looking upwards and review this book you can get many advantages.

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