



Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In

Anahad O'Connor

[Download now](#)

[Click here](#) if your download doesn't start automatically

Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In

Anahad O'Connor

Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In Anahad O'Connor

From *The New York Times's* intrepid "Really?" reporter and author of the bestselling *Never Shower in a Thunderstorm*, more mind-opening health facts (and fictions)

In this follow-up to the bestselling *Never Shower in a Thunderstorm*, *New York Times* columnist Anahad O'Connor uncovers the truth behind a hundred more old wives' tales and conventional-wisdom cures. O'Connor investigates nagging questions of domestic safety, such as whether you can get radiation poisoning from standing too close to a microwave. (You'll actually be exposed to more watts from your cell phone.) He unearths astounding first-aid "MacGyverisms," such as the attempts by Vietnam War battlefield medics and professional sports stars to seal wounds with super glue. (The bottom line: it works, but can irritate skin.) And he looks into the claim that a pregnant mother with heartburn should expect a hairy newborn (and is as baffled as the scientists who tallied up the clearly evident infant hairdos).

For anyone curious about whether to starve a fever or a cold, or whether stifling a sneeze will damage the body, O'Connor delivers yet another winning and irresistible collection of tips about our health.

 [Download Always Follow the Elephants: More Surprising Facts ...pdf](#)

 [Read Online Always Follow the Elephants: More Surprising Fac ...pdf](#)

Download and Read Free Online Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In Anahad O'Connor

From reader reviews:

Lula Day:

Do you have favorite book? For those who have, what is your favorite's book? Guide is very important thing for us to understand everything in the world. Each e-book has different aim as well as goal; it means that book has different type. Some people sense enjoy to spend their a chance to read a book. They can be reading whatever they consider because their hobby is actually reading a book. Think about the person who don't like reading a book? Sometime, individual feel need book after they found difficult problem or perhaps exercise. Well, probably you will want this Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In.

Kenneth Matson:

Have you spare time for a day? What do you do when you have considerably more or little spare time? Sure, you can choose the suitable activity with regard to spend your time. Any person spent their own spare time to take a stroll, shopping, or went to typically the Mall. How about open or even read a book eligible Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In? Maybe it is to become best activity for you. You realize beside you can spend your time with your favorite's book, you can better than before. Do you agree with their opinion or you have various other opinion?

Amy Parr:

Now a day individuals who Living in the era everywhere everything reachable by match the internet and the resources inside can be true or not require people to be aware of each info they get. How individuals to be smart in having any information nowadays? Of course the correct answer is reading a book. Looking at a book can help people out of this uncertainty Information particularly this Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In book as this book offers you rich details and knowledge. Of course the knowledge in this book hundred per cent guarantees there is no doubt in it you probably know this.

Ian Hall:

Your reading sixth sense will not betray an individual, why because this Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In e-book written by well-known writer who really knows well how to make book that could be understand by anyone who have read the book. Written within good manner for you, still dripping wet every ideas and publishing skill only for eliminate your hunger then you still skepticism Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In as good book but not only by the cover but also by the content. This is one guide that can break don't determine book by its deal with, so do you still needing an additional sixth sense to pick that!? Oh come on your reading through sixth sense already alerted

you so why you have to listening to a different sixth sense.

Download and Read Online Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In Anahad O'Connor #9CU2NM08HS6

Read Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In by Anahad O'Connor for online ebook

Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In by Anahad O'Connor Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In by Anahad O'Connor books to read online.

Online Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In by Anahad O'Connor ebook PDF download

Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In by Anahad O'Connor Doc

Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In by Anahad O'Connor Mobipocket

Always Follow the Elephants: More Surprising Facts and Misleading Myths about Our Health and the World We Live In by Anahad O'Connor EPub