



Mi hijo es un adolescente (Spanish Edition)

Knobel Freud, José A. Rodríguez

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«¿Por qué es tan complicada la adolescencia? Esta es la pregunta que me hacen muchos padres cuando vienen a mi consulta, preocupados porque su hijo adolescente no come, es muy agresivo o se pasa todo el día encerrado en su habitación enganchado a Internet. La respuesta quizás sorprenda a muchos padres. Esta etapa de la vida es complicada porque el adolescente tiene que hacer frente al duelo por la pérdida de la infancia.

¿Le parece una respuesta extraña? Pues vamos a pensar un poco en lo que supone dejar atrás la infancia y encaminarse hacia la adultez. Sí, porque en eso consiste la adolescencia.»

En El reto de ser padres, el psicoanalista Joseph Knobel Freud compartió con los lectores su experiencia de más de treinta años ayudando a padres e hijos a superar los problemas más recurrentes desde la crianza hasta la preadolescencia. En esta ocasión, Knobel Freud se adentra en la problemática que se plantea en la adolescencia y hace frente, siempre desde el punto de vista psicoanalítico, a temas tan importantes como la toma de libertad, la falta de diálogo, la rebeldía, las drogas, las “malas” amistades, el acoso escolar y un largo etcétera.

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