



Nobody Understands Me: Appreciating Teenagers and Adolescence

S. Yamuna

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Appreciating Teenagers and Adolescence Getting into teenage is like entering into an uncharted zone there is excitement as well as a sense of insecurity. A teenager is caught in an intriguing web of cover-confidence stemming from a renewed identification with the self and a fear of the future. This simple book will prove an effective guide for parents, teachers and counselors for a better understanding of teenagers and their concern their need for support and their desire for personal space at the same time. Let s be with our teenagers and make it their most memorable phase of life.

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