



Cranio-Sacral Integration: Foundation

Thomas Attlee

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This foundation volume presents a unique integration of the wide spectrum of approaches to Cranio-Sacral Therapy, providing practitioners and students with a broad and authoritative understanding of the discipline. The author covers the fundamentals of theory as well as the practical skills and techniques needed to carry out Cranio-Sacral work, and the book also includes detailed instructions for treatments, all of which are clearly explained in extensive case histories, photographs and illustrations.

Based upon the syllabus of the College of Cranio-Sacral Therapy in London, UK, this is an unparalleled resource for practitioners of Cranio-Sacral Therapy and Cranial Osteopathy, and an essential reference for students.

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