

# Creating Capable Kids: Twelve Skills That Will Help Kids Succeed in School and Life

Bruce Howlett, Caitlin Howlett

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Here is a compelling, thought provoking and practical guide to parenting and educating today's children. It is derived from Amartya Sen's Nobel Prize-winning approach to human development which has proven highly effective at freeing people from the chains of poverty. Educators Bruce and Caitlin Howlett apply Sen's approach to child development at home and in school and offering fresh, effective ways to rescue parenting and revive education, while providing parents, teachers and caregivers with a proven foundation for creating rewarding childhoods, academic success and fulfilling lives.

By incorporating the twelve key capabilities, such as sensory awareness, creative imagination, emotional and self-awareness, parents and educators can promote the three most critical tools for children's survival and success: continuous learning, problem solving, and increased knowledge and meaning. Using stories of three different types of children - Zoe, Mia and Daniel - the authors demonstrate the value of life and of the "Capabilities Approach" theory on how to cultivate inquisitive, actively engaged, motivated, perceptive and resilient children.



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