



Seat Yourself: The Best of South Louisiana's Local Diners, Lunch Houses, and Roadside Stops

Alex V. Cook

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Louisiana can be a complicated place, but the state's good food and friendly people provide reliable pleasures. Pairing these two indisputable facts, author Alex V. Cook takes readers to the many unsung diners, quirky low-fuss restaurants, and family-run establishments that serve up the very best of true Louisiana cuisine. From a gas station with the best boudin links to a Vietnamese bakery with mouthwatering bánh mì, lesser-known culinary gems stitched across southeast Louisiana offer tasty local fare in a down-to-earth atmosphere.

Setting off from the state capital of Baton Rouge and winding through the back roads of Cajun country, then turning southward to the Gulf, and finally veering onto side streets in New Orleans, Cook profiles more than thirty must-visit eateries with wit and an eye for the authentic. Along the way, a culinary landscape emerges that is markedly genuine, surprisingly diverse, and deliciously free from affectation.

With indispensable venue information, personal recommendations, and entertaining anecdotes, *Seat Yourself: The Best of South Louisiana's Local Diners, Lunch Houses, and Roadside Stops* is a vivid, humorous, and sharply written hat tip to those Louisiana constants: amazing food and great people.

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From reader reviews:

Melissa Wilcox:

Have you spare time to get a day? What do you do when you have much more or little spare time? That's why, you can choose the suitable activity for spend your time. Any person spent their particular spare time to take a go walking, shopping, or went to the Mall. How about open or maybe read a book allowed Seat Yourself: The Best of South Louisiana's Local Diners, Lunch Houses, and Roadside Stops? Maybe it is being best activity for you. You recognize beside you can spend your time using your favorite's book, you can wiser than before. Do you agree with their opinion or you have various other opinion?

James Blouin:

Playing with family in the park, coming to see the sea world or hanging out with buddies is thing that usually you might have done when you have spare time, then why you don't try issue that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Seat Yourself: The Best of South Louisiana's Local Diners, Lunch Houses, and Roadside Stops, you are able to enjoy both. It is great combination right, you still want to miss it? What kind of hang-out type is it? Oh come on its mind hangout people. What? Still don't have it, oh come on its called reading friends.

Jessica Jones:

Are you kind of busy person, only have 10 or maybe 15 minute in your day time to upgrading your mind skill or thinking skill even analytical thinking? Then you are having problem with the book as compared to can satisfy your short space of time to read it because pretty much everything time you only find guide that need more time to be learn. Seat Yourself: The Best of South Louisiana's Local Diners, Lunch Houses, and Roadside Stops can be your answer given it can be read by anyone who have those short spare time problems.

Mike Hart:

The book untitled Seat Yourself: The Best of South Louisiana's Local Diners, Lunch Houses, and Roadside Stops contain a lot of information on the idea. The writer explains the girl idea with easy means. The language is very easy to understand all the people, so do not really worry, you can easy to read the item. The book was written by famous author. The author brings you in the new period of time of literary works. You can easily read this book because you can please read on your smart phone, or program, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can open their official web-site and also order it. Have a nice examine.

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