



Lebe DEIN Potenzial: 10 Schritte, die dein Handeln und Leben positiv verändern (German Edition)

Jürgen Zwickel

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Ganz egal, wo du jetzt in deinem Leben stehst - dieses Buch holt dich dort ab, wo du bist. Denn wenn du deine Potenziale weiter entfalten und du dein Handeln und Leben positiv verändern willst, hilft dir dieses Buch dabei, genau dies endlich zu tun - und das effektiv und nachhaltig.

Jürgen Zwickel entwickelte und erprobte hierfür die Erfolg- und Lebensmethode MOTIVATION, die in zehn wesentlichen Schritten zeigt, wie jeder Mensch es schaffen kann, als Persönlichkeit zu wachsen, seinen Erfolg selbstbestimmt zu gestalten und seine Erfüllung - also sein Potenzial - zu leben.

Dieses Buch bietet dir:

- Eine umfassende Einführung in die Methode MOTIVATION
- Eine klare Anleitung, dein Leben erfolgreich selbst in die Hand zu nehmen
- Klare Worte, die dich motivieren, dein Potenzial zu leben
- Inspirierende Beispiele, reflektierende Fragen, bewegende Impulse

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