



Discipline Without Distress: 135 tools for raising caring, responsible children without time-out, spanking, punishment or bribery

Judy Arnall

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Discipline that you and your child will feel good about! Spanking and Time-outs do NOT work. At last, a positive discipline book that is chockful of practical tips, strategies, skills, and ideas for parents of babies through teenagers, and tells you EXACTLY what to do in the moment, for every type of behaviour, from whining to web surfing. Includes 50 pages of handy charts of the most common behaviour problems and the tools to handle them respectfully! Parents and children today face very different challenges from the previous generation. Today's children play not only in the sandbox down the street, but also in the world wide web, which is too big and complex for parents to control and supervise. As young as aged four, your child can contact the world and the world can contact them. A strong bond between you and your child is critical in order for your child to regard you as their trusted advisor. Traditional discipline methods no longer work with today's children and they destroy your ability to influence your increasingly vulnerable children who need you as their lifeline! You need new discipline tools! Currently being translated into Spanish (now available through Ediciones Medici), Korean, and Chinese.

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