



# Good News for Weary Women: Escaping the Bondage of To-Do Lists, Steps, and Bad Advice

*Elyse M. Fitzpatrick*

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Elyse Fitzpatrick delivers biblical keys to unlocking the chains of bondage that our culture has imposed on Christian women. Where the church has often overemphasized gender roles while failing to teach the biblical truth about what it really means to be godly, Elyse instead challenges women to resist wearing themselves out in attempts to prove their worth, and rather leads them to discover the true rest bestowed on them through God's free gift of his once-and-for-all approval—an approval gained purely through Christ.

Viewers will spend 9 sessions with Elyse covering each topic presented in her book of the same name, which makes this an ideal product for small groups and leaders. Participants will feel refreshed to learn this “good news” that the work Jesus has already done means that there's nothing left “to do” on those “to-do lists” to merit God's welcome but to believe and follow Christ out of gratitude—not guilt.

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