



How to Defend Yourself Against Alien Abduction

Ann Druffel

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In 1988 Ann Druffel, who has researched UFOs for 40 years, discovered a little-known fact that had been drowned in abduction hysteria--documented evidence that people have successfully fended off attack by the "greys," the short, big-eyed aliens now familiar through so much popular media. Using her database of 250 case studies, including 70 "resisters," Druffel has ascertained 9 techniques that witnesses use to ward off alien entities and even break off abductions in progress. And perhaps even more astonishing, this evidence points to the possible true identity of the greys and their link to the abducting entities of myth and folklore.

Alien Abduction Resistance Techniques

Mental Struggle: Block their mind control

Physical Struggle: Fight back

Righteous Anger: Summon your inviolate rights

Protective Rage: Guard your loved ones

Support from Family Members: Seek strength in numbers

Intuition: Sense them coming

Metaphysical Methods: Create a personal shield

Appeal to Spiritual Personages: Get help from on high

Repellents: Use time-tested fend-off substances

Complete with hair-raising true tales of courage and illustrated with eye-witness sketches, **How to Defend Yourself Against Alien Abduction** is the only book with step-by-step instructions on what to do--and not to do--if aliens come knocking on your door.

From the Trade Paperback edition.

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Sara Burns:

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Latonya Sams:

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