



# Anorexia Nervosa and Other Dyscontrol Syndromes

*E.L. Edelstein*

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## **Anorexia Nervosa and Other Dyscontrol Syndromes** E.L. Edelstein

What is that which gleams through me and smites my heart without wounding it? I am both a-shudder and a-glow. St. Augustine It is wonder and awe that I feel in view of the individual's power to create self-therapeutic devices. This book is the saga of these young individuals, who change and recreate the shape and dimensions of their bodies in a quest to achieve and finally demonstrate autonomy. Ironically, it seems that they can go on living thanks to their excessive behavior, their hunger, and their deviances. They exhibit an extreme polarity, an "either-or": the thrill of excesses, the joy of giving in to pleasure, versus masochistic enjoyment and pride curbing, procrastinating and mastering these impulses almost to the absolute by simple force of effort and sublimatory strength. Somewhat alien to the medical profession, these maladies are self-induced, and only make sense if their symbolism is recognized and understood using a hermeneutic approach. It aptly reflects their interaction with other objects, both human and nonhuman. The anorectic girl, to whom the book is specifically devoted, rejects any human bond in a masochistic way and also denies that her own body is a worthwhile object that deserves to be cared for. On the other hand, her body and its expressions are virtually under the most potent overcontrol. Thus, the narrative of the anorectics is strongly related to their incessant suffering, which is again of their own creation.

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