



# **Bio?: Die Wahrheit über unser Essen (German Edition)**

*Peter Laufer*

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Die abenteuerliche Geschichte unseres Essens - aufrüttelnd, informativ und unterhaltsam.

Als der Journalist Peter Laufer in seinem Supermarkt in Oregon "biologische" Walnüsse kauft, ist er verblüfft: Sie stammen aus - Kasachstan! Dies veranlasst ihn, tiefer hinter die Kulissen zu blicken. Er macht sich auf die Reise um die ganze Welt, um herauszufinden, wo seine täglich konsumierten Nahrungsmittel wie Kaffee und Gemüse eigentlich herkommen. Seine Erlebnisse in Deutschland, Österreich, Italien, Spanien, Bolivien und den USA zeigen, wie leicht wir dazu verführt werden, "Bio"-Produkte zu kaufen und den Kennzeichnungen blind zu vertrauen. Dieses Buch deckt Missstände auf und zeigt, wo es gerade bei uns auch positive Beispiele gibt.

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