

## I Need A Life!: Four Steps to Living a Fulfilling Life

Richard Flint

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"I Need A Life" is not just another self-help book; it is more than words to motivate a person into momentary action. "I Need A Life" is a book designed to lead you through the emotional wastelands that keep a person feeling lost and helpless. It is about real life, real people and real principles that can be applied to create the break through that will take a person from sameness to the freedom to soar to the ultimate. "I Need A Life" will present you with the Ten Choices To Living In Fulfilling Experiences, rather than Lasting In Frustrating Existence. You owe it to yourself to commit to having a life of happiness, fulfillment and freedom.



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