



# Sabbath in the Suburbs (The Young Clergy Women Project)

*MaryAnn McKibben Dana*

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"A *'must-read'* for 2013." -Ministry Matters

"Life felt like a 500-piece jigsaw puzzle with 600 pieces." So writes MaryAnn McKibben Dana in the introduction of her book. As she considered her family's frenetic suburban existence--a relentless list of work, errands, carpool, dishes, email, bills, yardwork--she knew something had to change.

The family faced a choice: to continue at the same frantic pace or to fight back with a radically different way of being. They went radical. For one year, they committed to a practice of Sabbath-keeping. For a whole day each week, they set aside their doing in order to simply be. Work took a backseat to games, walks, Legos, naps, homebrewing, and leisurely contentment. The practice never got easier--the house was a mess, the kids still fought--but Sabbath became the one essential "to-do" each week.

With lively prose ("a fresh voice and energy" -*Publishers Weekly*), Dana documents the Sabbath experiment as a guide for families of all shapes and sizes. Each chapter includes tips to help you claim Sabbath moments--to see time not as an enemy to subdue, but as a friend to savor.

Part of the Young Clergy Women Project series.

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#### **Daniel Kirk:**

Sabbath in the Suburbs (The Young Clergy Women Project) can be one of your beginner books that are good idea. Many of us recommend that straight away because this book has good vocabulary that could increase your knowledge in terminology, easy to understand, bit entertaining but nonetheless delivering the information. The article author giving his/her effort that will put every word into joy arrangement in writing Sabbath in the Suburbs (The Young Clergy Women Project) although doesn't forget the main point, giving the reader the hottest and based confirm resource details that maybe you can be among it. This great information may drawn you into brand-new stage of crucial pondering.

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