



Stop Second-Guessing Yourself--Baby's First Year: A Field-Tested Guide to Confident Parenting (Momma Said)

Jen Singer

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Jen Singer, the Internet's favorite Momma, gives hilarious, straight-from-the-hip advice for surviving the first year of motherhood

You're so sleep deprived that you can't muster up the energy to shave both legs on the same day, and the only grown-up you've talked to all day is Oprah. You're looking forward to taking the baby to the pediatrician, because after all, it's an outing! And you think colic should be a four-letter word. Don't worry. Seasoned mom and Internet favorite Jen Singer has been there. She shows moms like you how to find the humor and the help they need for surviving the expected and the unexpected during Baby's first year. Plus, she's gathered insights, coping tips, and valuable perspective from the thousands of moms who visit MommaSaid.net every day. With *Stop Second-Guessing Yourself—Baby's First Year*, readers will find new ways to embrace the roller-coaster of new parenthood, and enjoy the laughs along the way.

Stop Second-Guessing Yourself—Baby's First Year includes humorous sidebars, self-quizzes, and real-life anecdotes from moms who have endured the new-baby trenches.

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From reader reviews:

Florence Taylor:

As people who live in the particular modest era should be revise about what going on or facts even knowledge to make these individuals keep up with the era that is certainly always change and advance. Some of you maybe will certainly update themselves by looking at books. It is a good choice for you personally but the problems coming to an individual is you don't know what kind you should start with. This Stop Second-Guessing Yourself--Baby's First Year: A Field-Tested Guide to Confident Parenting (Momma Said) is our recommendation to make you keep up with the world. Why, because this book serves what you want and wish in this era.

Edda Allen:

Reading a reserve tends to be new life style on this era globalization. With reading through you can get a lot of information that can give you benefit in your life. Having book everyone in this world can share their idea. Ebooks can also inspire a lot of people. Lots of author can inspire their reader with their story as well as their experience. Not only the story that share in the textbooks. But also they write about advantage about something that you need example. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that exist now. The authors on this planet always try to improve their proficiency in writing, they also doing some investigation before they write on their book. One of them is this Stop Second-Guessing Yourself--Baby's First Year: A Field-Tested Guide to Confident Parenting (Momma Said).

Larry Gregg:

Playing with family in a park, coming to see the water world or hanging out with good friends is thing that usually you will have done when you have spare time, in that case why you don't try matter that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Stop Second-Guessing Yourself--Baby's First Year: A Field-Tested Guide to Confident Parenting (Momma Said), you are able to enjoy both. It is great combination right, you still would like to miss it? What kind of hang type is it? Oh can occur its mind hangout men. What? Still don't obtain it, oh come on its identified as reading friends.

Cheri Tow:

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